

Hair removal with Ellipse Flex intense pulsed light system

ZENG Dong et al, General Hospital of Guangzhou Military Region, China

Abstract

Objective: To examine the hair removal effect of Ellipse Flex intense pulsed light (IPL).

Methods: 365 patients with unwanted hair were treated with Ellipse Flex IPL system. Each case was treated with appropriate parameters according to the colour, diameter and density of the hair at intervals of 40 to 60 days until total clearance was achieved.

Results: All the patients tolerated the treatments well, and without anaesthesia. The unwanted hairs were wholly removed after 3 to 7 procedures with the total effective rate 96.16%. The hair of axilla, upper extremity*, lower extremity* and groin has the best therapy effect. After treatment, there were blisters in 2 cases and temporary pigmentation in 1 case. No long-term pigmentation and scarring occurred.

Conclusion Ellipse Flex IPL is an ideal and secure hair removal method because of the credible effect, simple and rapid operation, and no serious side effects.

Note: extremity = arm or leg

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