Clinical Information: SOME NON-STANDARD APPLICATIONS OF ELLIPSE.

In the latest edition of AEDV 2011, held in Santiago de Compostela, Spain, Dr. Agneta Troilius participated in a round table discussion in the main auditorium, in which she talked about non-standard applications of Ellipse I^2PL. We are pleased to pass on an outline of the talk.

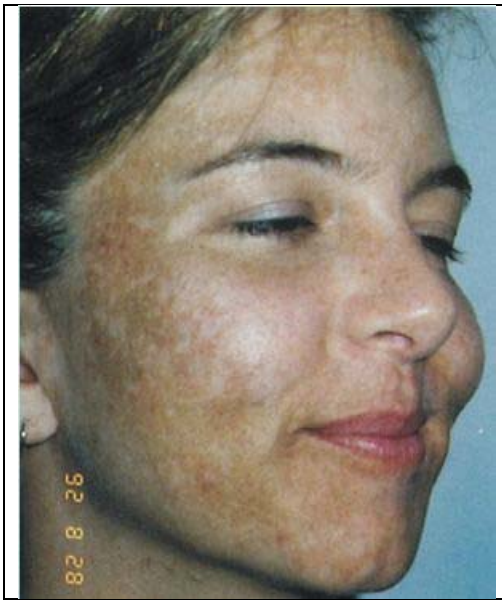
Mild keratosis pilaris rubra on a right upper arm.

Keratosis pilaris rubra
Treated with PR applicator, 13ms single pulse, 13J/ cm^2.
It is important to overlap slightly to avoid lines or stripes. Also use a scrub cream after showering to get rid of the hyperkeratotic papules.

Pilonidal cyst
May present asymptomatically or with infection. Start IPL hair removal treatments (preferably before and after surgery) and it will heal much better .

Hidradenitis suppurativa / Acne inversa
Deep skin infection that (despite the name) has no connection with acne. Hair removal reduces the irritating factors and decreases their problems after 4-8 tx . Preferably also use hydrogen peroxide cream to prevent secondary infections. Weight reduction, stopping smoking (and use of loose fitting underwear if present in the groin) will all help. Acne settings may open up the hidradenitis and release the pain. Tight scars will be improved also. CO_2 excision removes the bigger chronic lesions.

Ellipse®



Melasma

In the treatment of melasma , the physician can in some cases carefully prescribe Kligman formula, to be applied every other night, one month before Ellipse treatment (0.1% tretinoin, 5.0% hydroquinone, and 0.1% dexamethasone).

Use a Woods Lamp or UV light source to determine that the melasma is not too deep to treat.

Use rejuvenation settings and the VL-2 applicator.

Basic Course on the Classification and Treatment of Vascular Malformation and Tumours • *A Multidiscplinary Approach*

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